

Thoracic spine, sacroiliac joint & advanced techniques (Foundation Unit 3)

Course Timetable

Day 1

08.30 Registration
09.00 Introduction | Group work
11.00 Break
11.15 Sacro-iliac joint | Practical
13.00 Lunch
14.00 Sacro-iliac joint | Practical
14.45 Thoracic spine | Practical
15.30 Break
15.45 Thoracic spine | Practical
17.00 Evaluation and close

Day 3

09.00 Practical
10.00 Cervical spine | Practical
11.00 Break
11.15 Cervical spine | Practical
12.15 Ankle/Foot joint | Practical
13.00 Lunch
13.45 Ankle/Foot joint | Practical
15.30 Break
15.45 Knee joint | Practical
17.00 Evaluation and close

Day 5: MEMBERSHIP EXAMINATIONS from 08.30am

Day 2

09.00 Practical
10.00 Wrist/Hand | Practical
11.00 Break
11.15 Wrist/Hand | Practical
12.15 Elbow joint | Practical
13.00 Lunch
13.45 Elbow joint | Practical
14.45 Shoulder joint | Practical
15.30 Break
15.45 Shoulder joint | Practical
17.00 Evaluation and close

Day 4

09.00 Practical
10.00 Lumbar spine | Practical
11.00 Break
11.15 Lumbar spine | Practical
12.00 Hip Joint
12.45 Lunch
13.15 Hip joint | Practical
15.00 Break
15.15 Practical
16.50 Course evaluation
17.00 Close

The Module Coordinator reserves the right to make changes to this programme without prior notice.

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admin@sommcourses.org | 0151 229 5300



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